

Organic Virgin Coconut Oil



Virgin Coconut oil of India has throughout maintained a reputation of being world's finest coconut oil. 'Emperor' being a product of India is an exporter of Pure Virgin Coconut Oil which are produced by freshly selected coconuts and which have Not been grown or processed by any chemicals. Our virgin coconut oil is loaded with healthy fats and medium chain fatty acids, including lauric acid.



NUTRITION INFORMATION

TYPICAL VALUES AS PER 100a

P	ER 14g SERVING	
Energy	523KL	3760KL
	125Kca	900Kca
Protein	0g	0g
Carbohydrate	0g	0g
of which Sugars	0g	0g
Fat	14g	100g
of which Saturates	12.5g	90g
Unsaturated		
Polyunsaturated	1g	7g
Monounsaturated	0.5g	3g
Fiber	0g	0g
Sodium	0g	0g





1000ml

500ml

300ml

Packing Options	300ml, 500ml, 1L Glass Jars 500ml, 1L HDPE (Pet) 200L Steel Drum 1000L IBC Totes
Product Varients	Virgin Coconut Oil, Exra Virgin Coconut Oil
Organia	

Organic **Certificates**





away from sunlight.

May solidify below 26°C (79°F). Use a dry spoon ifrequired.

Virgin coconut oil is a genuinely healthy food that can be an effective skin care treatment and overall health supplement. Coldpressed coconut oil is full of medium chain fatty acids (MCFA) that are quickly processed into energy, will not be stored in adipose tissue, and that may improve insulin efficiency amonog a host of other natural health benefits.

Selecting cold-pressed virgin coconut oil is the essential thing here, as the cheaper hydrogenated oil is indeed harmful for your health. As for use of virgin coconut oil in cooking, it is acceptable for use at all temperatures unlike with olive oil which should only be used with low temperature cooking.

Virgin Coconut Oil Benefits

Virgin coconut oil is a cholesterol free saturated fat that is more than 40% composed of lauric acid, a medium chain fatty acid well-regarded for potential potential benefits. For lauric acid and coconut oil overall, these health benefits include increased energy and metabolism, reduction in waist size, potential weight loss benefits, antibacterial effects, antiparasitic effects, and thyroid



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